

EBP-TTT workshop planning_ India.

We decided to conduct 2 days workshop at each institution

Day 1

Knowledge

EBP Concept – interactive and tutorial

EBP Process – interactive and tutorial

Attitude

Why is EBP important?

Skills

Demonstration: Work through 5 As using a specific clinical scenario

Day 2

Skills

Scenario 1: Clinical scenario given to participants to work through 5As

Scenario 2: Participants choose their own scenario to work through 5As

For both scenarios participants work in small groups on one clinical scenario

Need room with computers and internet access

Discussion on findings, barriers and facilitators

Knowledge, skills or attitude	Topic	Format	Duration (mins)
Day 1			
Knowledge and attitude	Clinical decision making – how do we make clinical decisions?	Small group discussion followed by whole group	30
Knowledge	EBP concept	Small group discussion followed by whole group	60
Attitude	Is EBP important?	Small group discussion followed by whole group including examples (from facilitator if needed).	30
Knowledge	How is EBP 'done'?	Small group discussion followed by whole group	30

Skills	Form an answerable question	Small group work	30
Skills	Find evidence	Discussion – what is evidence? (includes study designs)	60
Skills		How do we look for research evidence? A demonstration	30
Skills		Workshop – find evidence using Pubmed, Cochrane and Trip databases	60
Day 2			
Skills	Appraise evidence	Tutorial – appraisal and CATs	60
Skills		Workshop – use a CAT to appraise a cohort study	60
Skills		Workshop – use a CAT to appraise a controlled study	60
Skills		Workshop – use a CAT to appraise a systematic review	60
Skills	Apply evidence	Workshop – using a hypothetical scenario, apply evidence to a patient case	60
Skills	Troubleshooting – what are barriers to EBP? How could we overcome these?	Small group discussion followed by whole group	30